

**Claims**

1. Use of
  - a) L-amino acids serine (Ser) and isoleucine (Ile),
  - b) trace elements chromium (Cr), tin (Sn), selenium (Se), vanadium (V) and wolfram (W), and
  - c) folic acidfor the manufacture of a pharmaceutical composition for treating or preventing psoriasis.
2. The use according to claim 1 for the manufacture of a pharmaceutical composition further comprising zinc (Zn).
3. The use according to claim 1 or 2 for the manufacture of a pharmaceutical composition further comprising manganese (Mn).
4. The use according to claim 1 for the manufacture of a pharmaceutical composition comprising:
  - a) 2 – 5 g of each of L-serine and L-isoleucine,
  - b) 0.5 – 6 mg of each of chromium (Cr), tin (Sn), selenium (Se), vanadium (V) and wolfram (W) salts, and
  - c) 1 – 2 mg of folic acid.
5. The use according to any of the previous claims for the manufacture of a pharmaceutical composition further comprising neurogenic lipids.
6. The use according to any of the claims 1 – 4 for the manufacture of the composition in powder form.
7. The use according to claim 5 or 6 for the manufacture of a dietary supplementation composition.
8. A pharmaceutical composition comprising as sole pharmaceutically active ingredients:
  - a) L-amino acids serine (Ser) and isoleucine (Ile),
  - b) trace elements chromium (Cr), tin (Sn), selenium (Se), vanadium (V) and wolfram (W), and optionally zinc (Zn), and
  - c) folic acid.
9. The pharmaceutical composition according to claim 8 comprising as sole pharmaceutically active ingredients:
  - a) serine (Ser) and isoleucine (Ile),
  - b) chromium (Cr), tin (Sn), selenium (Se), vanadium (V) wolfram (W) and zinc (Zn) salts, and
  - c) folic acid.
10. Method of treating or preventing psoriasis, wherein pharmaceutically active amounts of:

- a) L-amino acids serine (Ser) and isoleucine (Ile),
- b) trace elements chromium (Cr), tin (Sn), selenium (Se), vanadium (V) wolfram (W), and optionally zinc (Zn), and
- c) folic acid

5 are administered to a subject in need thereof.